

## Ergebnisse 5,2 km Gesamt

| Platz | Startnummer | Name                | Vorname        | Verein                        | Jahrgang | Distanz | Zeit     |
|-------|-------------|---------------------|----------------|-------------------------------|----------|---------|----------|
| 1     | 269         | Igel                | Frederik       | Die weißen Keniaten           | 1982     | 5       | 00:19:37 |
| 2     | 211         | Sander              | Peter          | P.A.P. Sports                 | 1966     | 5       | 00:19:38 |
| 3     | 216         | Langer              | Matthias       | St. Ansgar                    | 1961     | 5       | 00:20:12 |
| 4     | 264         | Buschbaum           | Nils           |                               | 1979     | 5       | 00:20:12 |
| 5     | 225         | Sander              | Sven-Oliver    | St. Ansgar                    | 1995     | 5       | 00:20:53 |
| 6     | 271         | Giessler            | Thomas         |                               | 1969     | 5       | 00:21:00 |
| 7     | 276         | Weichsel            | Sebastian      |                               | 1968     | 5       | 00:21:47 |
| 8     | 205         | Abmeier             | Dirk           | TV Garmissen / Ahstedt        | 1973     | 5       | 00:21:55 |
| 9     | 206         | Lübbbers            | Markus         | Danone                        | 1972     | 5       | 00:22:13 |
| 10    | 258         | Menzen              | Adrian         | MTV Adlum                     | 1998     | 5       | 00:22:35 |
| 11    | 270         | Behre               | Hendrik        |                               | 1991     | 5       | 00:22:38 |
| 12    | 228         | Rygol               | Tim            | Feldscheunen Crew             | 2001     | 5       | 00:23:06 |
| 13    | 229         | Abmeier             | Matti          | TV Garmissen / Ahstedt        | 2003     | 5       | 00:23:07 |
| 14    | 249         | Abmeier             | Emma           | TV Garmissen / Ahstedt        | 2002     | 5       | 00:23:39 |
| 15    | 208         | Walz                | Marc           | Hannover                      | 1971     | 5       | 00:23:46 |
| 16    | 265         | Weinhold            | Florian        |                               | 1990     | 5       | 00:23:59 |
| 17    | 227         | Bruns               | Jakob          | MTV Adlum                     | 2001     | 5       | 00:24:02 |
| 18    | 244         | Vogel               | Jennifer       | MTV Eintracht Borsum          | 1990     | 5       | 00:24:05 |
| 19    | 210         | Ernst               | Oliver         | Harsum                        | 1969     | 5       | 00:24:42 |
| 20    | 207         | Steffen             | Björn          | Grundschule Borsumer Kaspel   | 1974     | 5       | 00:24:48 |
| 21    | 217         | Rehbein             | Maik           | ;-)                           | 1964     | 5       | 00:24:50 |
| 22    | 257         | Kwirotek            | Hubert         | MTV Adlum                     | 1962     | 5       | 00:25:03 |
| 23    | 236         | Schnelle            | Heidi          | Laufschule Anlauf             | 1968     | 5       | 00:25:04 |
| 24    | 218         | Hanebuth            | Volker         | ÄAV Prägraten                 | 1955     | 5       | 00:25:17 |
| 25    | 278         | Reddöhl             | Jörg           |                               | 1970     | 5       | 00:25:22 |
| 26    | 237         | Markfeld            | Elisabeth      | TuS Hasede                    | 1966     | 5       | 00:25:31 |
| 27    | 220         | Berger              | Siggi          | Feldscheunen Crew             | 1957     | 5       | 00:25:38 |
| 28    | 275         | Wolf                | Markus         | BCR-Team                      | 1968     | 5       | 00:25:50 |
| 29    | 212         | Blimke              | Thomas         | MTV Eintracht Borsum          | 1965     | 5       | 00:26:08 |
| 30    | 235         | Ossenkopp           | Sonja          | sv teutonia sorsum            | 1971     | 5       | 00:26:26 |
| 31    | 226         | Romanowski          | Jannis         | Hildesheim                    | 1999     | 5       | 00:26:30 |
| 32    | 224         | Gißler              | Julian         | MTV Rethmar                   | 1988     | 5       | 00:26:32 |
| 33    | 259         | Kober               | Martin         | MTV Harsum                    | 1961     | 5       | 00:26:34 |
| 34    | 255         | Feise               | Lukas          | MTV Harsum                    | 1998     | 5       | 00:26:36 |
| 35    | 203         | Gerbrich            | Frederik Maria | Grundschule Borsumer Kaspel   | 2004     | 5       | 00:26:38 |
| 36    | 201         | Duncker             | Mia            | Grundschule Borsumer Kaspel   | 2005     | 5       | 00:26:46 |
| 37    | 239         | Möller              | Sabine         | TuS Hasede                    | 1960     | 5       | 00:26:48 |
| 38    | 250         | Ernst               | Viviane        | Harsum                        | 2002     | 5       | 00:26:49 |
| 39    | 204         | Duncker             | Dirk           | Mia & Dirk                    | 1970     | 5       | 00:26:50 |
| 40    | 219         | Sänger              | Rainer         | Hildesheim                    | 1956     | 5       | 00:27:16 |
| 41    | 261         | Ossenkopp           | Stefan         | MTV Adlum                     | 1963     | 5       | 00:27:20 |
| 42    | 202         | Huge                | Malena         | Grundschule Borsumer Kaspel   | 2005     | 5       | 00:27:26 |
| 43    | 279         | Rehbein             | Maxim          | SC Hellas 1899 Hildesheim     | 2001     | 5       | 00:27:27 |
| 44    | 233         | Pulvermüller        | Judith         | Pulvis Fitness                | 1976     | 5       | 00:27:30 |
| 45    | 263         | Armgart             | Gesa           |                               | 1964     | 5       | 00:27:35 |
| 46    | 241         | Berger              | Gabi           | Feldscheunen Crew             | 1963     | 5       | 00:27:41 |
| 47    | 209         | Huge                | Christian      | Harsum / Borsum               | 1972     | 5       | 00:27:46 |
| 48    | 274         | Höweling            | Till           | SV Eintracht Bad Salzdetfurth | 2005     | 5       | 00:27:52 |
| 49    | 273         | Höweling            | Christoph      | SV Eintracht Bad Salzdetfurth | 1972     | 5       | 00:27:53 |
| 50    | 272         | Gläsner             | Gerd           | Laufschule Anlauf             | 1959     | 5       | 00:27:57 |
| 51    | 256         | Dettmar             | Martin         | MTV Adlum                     | 1967     | 5       | 00:28:09 |
| 52    | 254         | Rygol               | Linda          | Feldscheunen Crew             | 2004     | 5       | 00:28:14 |
| 53    | 267         | Pötzl-Labuhn        | Georg          | KSM-Castings-Kloth-Senking    | 1956     | 5       | 00:28:15 |
| 54    | 242         | Schnieder-Böttinger | Anne           | SV Poseidon Bockenem          | 1949     | 5       | 00:28:21 |
| 55    | 240         | Frost               | Annette        | TuS Hasede                    | 1964     | 5       | 00:28:48 |
| 56    | 238         | Zawartka            | Zofia          | T.D.M.-Laufteam Sarstedt      | 1962     | 5       | 00:29:11 |
| 57    | 247         | Brandt              | Ann-Kathrin    | St. Ansgar                    | 2000     | 5       | 00:29:20 |
| 58    | 253         | Kruse               | Carla          | VSV Rössing                   | 2004     | 5       | 00:29:58 |
| 59    | 213         | Kruse               | Jens           | VSV Rössing                   | 1969     | 5       | 00:30:04 |
| 60    | 234         | Kruse               | Bettina        | VSV Rössing                   | 1970     | 5       | 00:30:05 |
| 61    | 260         | Schmidt             | Kordula        |                               | 1962     | 5       | 00:30:08 |
| 62    | 280         | Rygol               | Carsten        |                               | 1967     | 5       | 00:31:06 |
| 63    | 262         | Chodzinski          | Claudia        |                               | 1966     | 5       | 00:31:22 |
| 64    | 277         | Bormann             | Anette         |                               | 1963     | 5       | 00:33:02 |
| 65    | 230         | Kaiser              | Stephanie      | Bad Salzdetfurth              | 1975     | 5       | 00:33:04 |
| 66    | 231         | Kühn                | Melanie        | Bad Salzdetfurth              | 1978     | 5       | 00:33:05 |
| 67    | 245         | Büld                | Anne           | St. Ansgar                    | 1988     | 5       | 00:33:47 |
| 68    | 222         | Wecke               | Burkhard       | Alfeld (leine)                | 1943     | 5       | 00:33:50 |
| 69    | 246         | Wartajanz           | Anela          | Die weißen Keniaten           | 1988     | 5       | 00:33:59 |
| 70    | 266         | Böttcher            | Kim            |                               | 1995     | 5       | 00:38:49 |
| 71    | 248         | Dumont              | Melissa        | St. Ansgar                    | 1999     | 5       | 00:40:25 |